

Does Your Baking Powder Contain Alum?

Prof. Geo. F. Barker, M.D., University of Penn.: "All the constituents of alum remain (from alum baking powders) in the bread, and the alum itself is reproduced to all intents and purposes when the bread is dissolved by the gastric juice in the process of digestion. I regard the use of alum as highly injurious."

Dr. Alonzo Clark: "A substance (alum) which can de-range the stomach should not be tolerated in baking powder."

Prof. W. G. Tucker, New York State Chemist: "I believe it (alum) to be decidedly injurious when used as a constituent of food articles."

Prof. S. W. Johnson, Yale College: "I regard their (alum and soluble alumina salts) introduction into baking powders as most dangerous to health."

In view of such testimony as this, every care must be exercised by the housewife to exclude the over and over condemned cheap, alum baking powders from the food.

Baking powders made from cream of tartar, which is highly refined grape acid, are promotive of health, and more efficient. No other kind should be used in leavening food. Royal Baking Powder is the highest example of a pure cream of tartar powder.

ROYAL BAKING POWDER CO., NEW YORK.

Don't Be Angry.
It doesn't pay to get angry. Anger uses up the nerve forces of the body. So does worry; so does hate. A bad temper wears you out. It makes you needless enemies. It spoils your looks. A man with a bad temper had better tie a stone around his neck and throw it into a lake. If he doesn't, it is liable to drag him—but we won't speculate about that.—Denver News.

Only the Stinger's Fee.
Does singing the song "Oh, Promise Me," at a wedding, promise anybody anything?—Arlinson Globe.

Flowers are the terrestrial stars that bring down heaven to earth and carry up our thoughts from earth to heaven, the poetry of the Creator written in beauty and fragrance.

Paradoxical.
"Doctor," said the patient who runs to useless philosophical contemplations, "agree, it appears to me, is one of nature's contradictions."
"How so?"
"It gives you the shake and yet it stays right with you."—Detroit Free Press.

Out of His Sight.
"Get out!" commanded her father. "Don't let me ever see you here again."
"Very well," replied the confident young man. "Your daughter can tell you the nights I am to call, and you can arrange to be out until I leave."—Philadelphia North American.

In the sixteenth century fencers held the sword in their right hand and a dagger in the left to ward off blows.

Flowers Under Artificial Light.
Nearly all flowers in which there is a notable proportion of blue are unattractive when seen under artificial light. Hence purple and lilac flowers do not usually look well at night, though there are exceptions owing to the intensity of the red in some purples, which comes out well at night and causes them to appear as crimsons. Yellows invariably lose brilliancy, and pale yellows become bad whites under gaslights, but reds and crimsons and all shades of pink and white retain their beauty, and, as a rule, green leaves are pleasing under any light.

Mahogany is said to have been brought to England by Sir Walter Raleigh in 1595, but not to have come into general use till 1720.

VIN MARIANI

MARIANI WINE—THE IDEAL FRENCH TONIC—FOR BODY AND BRAIN.

PRONOUNCED BY ALL WHO TEST IT, "MOST EFFICACIOUS, MOST AGREEABLE—UNEQUALLED BY ANYTHING IN FORTIFYING, STRENGTHENING, REFRESHING." WRITTEN INDORSEMENTS FROM OVER 7,000 PHYSICIANS.

Write to MARIANI & CO., for Descriptive Book, 75 PORTRAITS, Indorsements and Autographs of Celebrities.

Paris: 41, Rue Havemann.

52 W. 15th St., NEW YORK.

CARTER'S INK

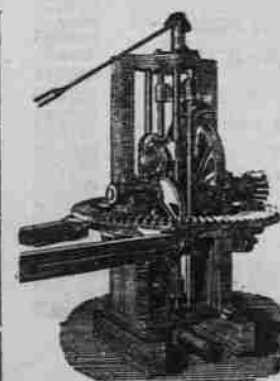
You deny yourself pleasure and comfort if you don't use it.

BUY THE GENUINE SYRUP OF FIGS

... MANUFACTURED BY ... CALIFORNIA FIG SYRUP CO. IS NOTE THE NAME.

SURE CURE FOR PILES.

ITCHING Piles produce moisture and cause itching. This form, as well as Blind, Bleeding or Protruding Piles are cured by Dr. Ross's Pile Remedy. Stop itching and bleeding. Absorb tumors. Get a Jar at druggists or sent by mail. Treatise free. Write me about your case. DR. ROSS, Philadelphia, Pa.



HORSE POWER PUMPS

For Stockmen and Small Irrigators.

No Jerk, Works Smooth, Constant Flow, Raises More Water than any other Pump using the same Power.

For Deep or Shallow Wells we have Belt Power Pumps All Sizes.

Foss Gasoline Engines. Centrifugal Pumps Single or Compound.

S. W. LUTWIELER CO., 405-7 North Main St., LOS ANGELES. Manufacturers of Irrigating Machinery. Estab. 1877

Freeman Strait, a well-known real estate dealer and insurance agent, with an office on Lower Broadway, has been arrested, charged with defrauding the government by selling war revenue stamps, chemically restored after cancellation. It is stated by treasury spe-

cial agents that Strait and his associates have cheated the government out of \$100,000. Strait, they say, has been clearing \$2000 a week. At his home were found a large number of stamps in various stages of restoration; also the chemicals used in the process.

Now

Is the time to subscribe for the volume for 1900 to take advantage of the special offer below:

The Youth's Companion

Issued Every Week. \$1.75 a Year.

FAMOUS soldiers and sailors, statesmen, scholars, travellers, hunters, and the most gifted writers of stories will enrich the pages of The Companion during 1900. Send your address on a postal card, and we will mail you our Illustrated Announcement Number, giving a full Prospectus of articles and authors already engaged for the 1900 Volume.

...FREE...

SEND \$1.75 at once with this slip or mention this paper, and we will send you THE COMPANION FREE for the remaining weeks of 1899, and then for the 52 weeks of the year 1900.

The Companion Calendar for 1900, given also to all New Subscribers, lithographed in twelve colors, is the most beautiful one in the long series of exquisite Companion Calendars.

O 393

THE YOUTH'S COMPANION, BOSTON, MASS.

No Disturbance. Mrs. Gofrequent - Your husband goes out a good deal, doesn't he? Mrs. Seldom Home - Yes, but we always have seats next to the central aisle, and it never disturbs anybody.—Chicago Tribune.

DR. GUNN'S IMPROVED LIVER PILLS

ONE FOR A DOSE. Cure Sick Headache and Dyspepsia, Remove Pimples and Purify the Blood, Aid Digestion and Prevent Biliousness. Do not Grip or Sicken. To convince you, we will mail sample free, or full box for 25c. DR. HOSANKO CO., Philada., Penna. Sold by Druggists.

MOROSCO'S BURBANK THEATER, LOS ANGELES... OLIVER MOROSCO, Lessee and Manager. Week of Sunday, Oct. 15—The Famous FRAWLEY COMPANY In the Greatest Success of the Period.

"CUMBERLAND 61"

All New and Picturesque Scenery! A Great Play! A Great Story and a Great Company. Prices Never Change—15c, 25c, 35c and 50c. Telephone Main 1270

LACY MANUFACTURING CO.

MANUFACTURERS OF

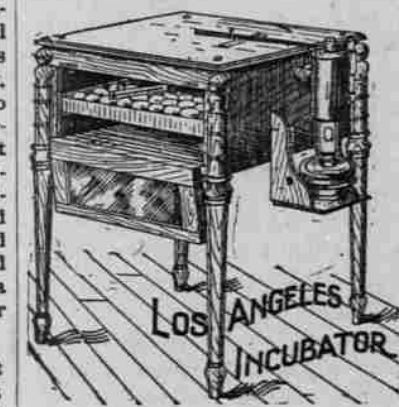
STEEL WATER PIPE, WELL CASING AND IRON TANKS



OFFICE, 334 NORTH MAIN STREET, BAKER BLOCK,

P. O. Box 251, Station C.

LOS ANGELES, CAL.



LOS ANGELES INCUBATORS

AND BROODERS are the Undisputed Leaders on the Pacific Coast, because they hatch the Most and Strongest Chicks.

LEE'S LICE KILLER

Keeps the Poultry Clean.

The Best Bone, Shell and Grist Mills, Alfalfa Cutters, Egg Foods, Medicines, Books and Poultry Supplies Generally.

Catalogue for 1900 now ready—FREE

HENRY ALBERS,

315 S. MAIN STREET.

LOS ANGELES, CAL.

LADIES CAN WEAR SHOES.

One size smaller after using Allen's Foot-Ease, a powder to be shaken into the shoes. It makes tight or new shoes feel easy 'gives instant relief to corns and bunions. It's the greatest comfort discovery of the age. Cures swollen feet, blisters and callous spots. Allen's Foot-Ease is a certain cure for ingrowing nails, sweating, smarting, hot, aching feet. We have 30,000 testimonials. All druggists and shoe stores sell it. 25c. Trial package FREE by mail. Address, Allen S. Olmsted, Le Roy, N. Y.

"Circumstances Alter Cases."

In cases of scrofula, salt rheum, dyspepsia, nervousness, catarrh, rheumatism, eruptions, etc., the circumstances may be altered by purifying and enriching the blood with Hood's Sarsaparilla. It is the great remedy for all ages and both sexes. Be sure to get Hood's, because

Hood's Sarsaparilla Never Disappoints

PISO'S CURE FOR... CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION

TENTS AND AWNINGS

Guns and Ammunition, Canvass all Widths, Wholesale and Retail.

WRITE FOR PRICES

J. H. Masters, 136 So. Main St., LOS ANGELES. Tel. M. 1512

RELIEF For WOMAN

That tired languid feeling, the pains in the back and the chronic headache will disappear quickly if you take

Moore's Revealed Remedy

It is an ideal medicine for women, easy and pleasant to take. \$1.00 per bottle at your druggist's.

DR. MARTEL'S BOOK, "Relief for Women"

Sent free, in plain, sealed envelope. Write today for this book, containing Particulars and Testimonials of DR. MARTEL'S French Female Pills. Praised by thousands of satisfied ladies as safe, always reliable and without an equal. Sold by all druggists in metal box. French flag on top in Blue, White and Red. Take no other. French Drug Co., 261 & 263 Pearl St., New York City.

CURE YOURSELF! Use Big 64 c. - natural discharge, inflammation, irritations or ulcerations of the vagina or membranes. Painless, and not irritating or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles, \$2.50. Circular sent on request.

P. N. U.—L. A. No. 113